

Source:
Ingoldsby, B., Smith, S., eds. / Families in Multicultural Perspective, 1995, pg. 143-156.

CHAPTER SEVEN

Mate Selection and Marriage

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The institution of marriage is very popular throughout the world. For instance, in the United States today about 95% of all citizens marry at least once by the time they reach the age of 40. The median age for first marriage is 23.8 for women and 26.2 for men (Wells, 1991). There are many others who choose not to formalize their stable sexual relationship and cohabit instead (2.6 million in the United States in 1988).

Marriage, as normative as it is, is approached in many different ways. Even though it is common for most North Americans to marry in their 20s, they do so much earlier in some other cultures. It has been common for girls especially to marry at puberty, and infant betrothals have not been unknown. How mates are chosen also varies considerably from one culture to another. As we see in this chapter, the free mate choice based on love which is common to the modern West has not been the way people in most other societies have selected their mates. The rituals connected with the wedding ceremony have been many and varied as well. What one expects from a spouse and how they get along are also areas that are heavily influenced by culture.

I examine three general topics: (1) mate selection procedures, (2) wed-
ding customs, and (3) marital adjustment. Few, if any, areas of human ac-
tivity have been invested with as much specified activity and meaning as has
marriage.

MATE SELECTION PROCEDURES

Historically, there have been three general approaches to choosing one's mate: marriage by capture, marriage by arrangement, and free-choice mate selec-
tion. I examine each of them in turn.

Marriage by Capture

Although it has probably never been the usual method of obtaining a wife, men have taken women by force in many times and places. This typically occurred in patriarchal societies in which women were often considered property. Often women were seized as part of the spoils of war, and other times a specific woman was forced into marriage because the man wanted her and could not afford the brideprice or obtain the permission of her parents. The capture and marriage of a woman was legal in England until the reign of Henry VII, who made it a crime to abduct an heiress (Fielding, 1942).

The ancient Hebrews would seize wives under certain circumstances. A dramatic example is recounted in the Old Testament (Judges, chapter 21), where it was arranged for young women to be kidnapped from two different areas to serve as wives so that the tribe of Benjamin would not die out after a war that they had lost.

There was also a formal procedure for dealing with wives captured in warfare:

When thou goest forth to war against thine enemies, and the Lord thy God hath delivered them into thine hands, and thou hast taken them captive, And seest among the captives a beautiful woman, and hast a desire unto her, that thou wouldest have her to thy wife; Then thou shalt bring her home to thine house; and she shall shave her head, and pare her nails; And she shall put the raiment of her captivity from off her, and shall remain in thine house, and bewail her father and her mother a full month: and after that thou shalt go in unto her, and be her husband, and she shall be thy wife. And it shall be, if thou have no delight in her, then thou shalt let her go whither she will; but thou shalt not sell her at all for money, thou shalt not make merchandise of her, because thou hast humbled her. (Deuteronomy 21:10-14)

At least she was given time to get used to the idea and never sold into slavery! Fielding (1942) cites a number of different cultures, including the Australian aborigines, who frequently resorted to marriage by capture in the recent past. The Yanomama of Venezuela (an Amazonian tribe) are reported (Peters, 1987) to use capture as one of their mate selection options. One village is often raided by another for the specific purpose of finding wives. If a man captures a young, attractive female, he must be careful as other men from his own village will try to steal her from him.

In the popular musical *Seven Brides for Seven Brothers*, the concept of marriage by capture is acted out, and one of the songs is based on the historical incident of the rape of the Sabine women. There are many cultures that still have remnants of the old practice of marriage by capture in their wedding ceremonies. In each of them, the match is prearranged, but the husband pretends to take his bride by force, and she feigns resistance.

One example are the Roro of New Guinea. On the wedding day, the groom's party surrounds the bride's home and acts out an assault on it. The bride attempts to run away but is caught. Then a sham battle ensues, with the bride's mother leading the way and crying at the loss of her daughter when she is taken off to the groom (Fielding, 1942).

Marriage by Arrangement

It appears that the most common method of mate selection has been by arrangement. Typically, the parents, often with the aid of certain relatives or professional matchmakers, have chosen the spouse for their child. This form of mate choice is more common when extended kin groups are strong and important. Essentially, marriage is seen as of group, rather than individual, importance, and economics is often the driving force rather than love between the principals.

Arranged marriages have been considered especially important for the rulers of kingdoms and other nobility. Care had to be taken to preserve blood-lines, enhance wealth, and resolve political issues. It is believed, for instance, that the majority of King Solomon's 700 wives and 300 concubines were acquired for the purpose of political alliances.

Stephens (1963) identifies four major considerations that determine mate choice in societies in which marriages are arranged. The first is *price*. The groom's family may need to pay for the bride, with either money or labor. In some cultures, the situation is reversed, with the bride's family paying a dowry to the husband. In other cases, there is a direct exchange, where both families make payments to each other or simply trade women for each other's sons.

The second consideration is *social status*. That is, the reputation of the family from which the spouse for one's child will come is very important. A third determinant is any *continuous marriage arrangement*. This refers to a set pattern for mate selection, which is carried on from generation to generation. For instance, cousin marriages are preferred in many societies.

The final criteria for mate choice are *sororate and levirate arrangements*, which refer to second marriages and tend to be based on brideprice obligations. These terms are more fully explained later in the chapter. Stephens also notes 19 societies (including, for example, some large ones such as China and Renaissance Europe) that have practiced child betrothals or child marriages. This means that the marriage is arranged before puberty and can even be worked out before the child is born.

In addition to marriage by capture, the Yanomama also practice variety within arranged marriages. The ideal match is between cross-cousins, and the majority of unions fall into this category. Most betrothals are made before the girl is 3 years of age. Men initiate these arrangements at about the time they become hunters, which is shortly after they turn 15. Another ac-

ceptable form of mate selection is sister exchange. Two unrelated single males wish to acquire wives and have sisters who are not promised to anyone, so they simply trade sisters (Peters, 1987).

Some societies have provided an "out" for couples who have strong personal preferences that go against the arrangement of their families. This is to permit elopement. Stephens (1963) gives this account of the Iban of Borneo:

When a young woman is in love with a man who is not acceptable to her parents, there is an old custom called *mungkop buti*, which permits him to carry her off to his own village. She will meet him by arrangement at the waterside, and step into his boat with a paddle in her hand, and both will pull away as fast as they can. If pursued he will stop every now and then to deposit some article of value on the bank, such as a gun, a jar, or a favor for the acceptance of her family, and when he has exhausted his resources he will leave his own sword. When the pursuers observe this they cease to follow, knowing he is cleared out. As soon as he reaches his own village he tidies up the house and spreads the mats, and when his pursuers arrive he gives them food to eat and toddy to drink, and sends them home satisfied. In the meanwhile he is left in possession of his wife. (p. 200)

Following is a detailed look at some of the specific mechanisms of arranged marriages.

Brideprice

Throughout much of human history, marriage has been seen as chiefly an economic transaction. As an old German saying goes, "It is not man that marries maid, but field marries field, vineyard marries vineyard, cattle marry cattle" (Tober, 1984, p. 12). The purpose of a brideprice is to compensate the family of the bride for the loss of her services. It is extremely common and is indicative of the value of women in those societies. Stephens (1963) reports that Murdock's World Ethnographic Sample yields the following breakdown on marriage payments:

- Brideprice—260 societies
- Bride service—75 societies
- Dowry—24 societies
- Gift or woman exchange—31 societies
- No marriage payment—152 societies

This means that in 62% of the world's societies, a man must pay in order to marry a woman. The price is usually paid in animals, shell money, or other

valuable commodities and often exceeds one's annual income. Some cultures prefer payment in service, often many years of labor to the bride's parents, or at least permit it for suitors who cannot afford to pay in goods. One famous example from the Old Testament is that of Jacob, who labored 7 years for each of Laban's two daughters, Leah and Rachel.

Dowry

The dowry appears to be an inducement for a man to marry a particular woman and therefore relieve her family of the financial burden of caring for her. Although relatively rare, it is a sign of a culture that places a low value on women. Actually, the key purpose of a dowry is probably to stabilize a marriage, because it is not given to the husband but is something that the bride brings with her into the marriage. For example, in Cyprus before the time of English influence, the expected dowry was often a house. If the husband divorced his wife or mistreated her and she left him, the dowry went with her. Like modern-day wedding gifts, or the bride's trousseau, it was an investment in the marriage and intended to reduce the chances of a breakup (Balswick, 1975).

The dowry has been around for a long time. The Babylonian code of Hammurabi (1955 b.c.) clearly stated that the wife's property stayed with her if her husband divorced her and passed on to her children when she died. Ancient Greece and Rome also considered the dowry to be essential in any honorable marriage (Fielding, 1942).

Recent research in the southern Indian state of Kerala (Billig, 1992) differentiates between the traditional dowry and an actual "groomprice." Groomprice is money paid by the bride's family directly to the husband to use as he sees fit. In the 1950s and 1960s, rapid population growth resulted in more younger women looking for husbands a few (average of 7) years older than themselves. This surplus of potential brides increased the value of husbands. Popular revulsion for the groomprice has resulted in a decrease in the age difference (now 5 years), women lowering their social status expectations for their husband or increasing their own education, and a government outlawing of the practice.

Sororate and Levirate

These terms refer to marriage practices designed to control remarriages after the death of the first spouse. In cultures that practice the sororate, a sister replaces a deceased wife. Assume that a man has paid a good brideprice for his wife but some time later she becomes ill and dies. He has lost his wife

and the brideprice. Therefore, to make good on the original bargain, the parents who received the brideprice provide the man with a new wife. This new wife is an unmarried sister or other close relative of the first wife. Here we see how marriage is often more of an economic transaction than it is a personal relationship.

Much more widely practiced has been the levirate. Under this system, it is the husband who dies, and his wife must be married to a brother of the deceased man. There are various reasons for this practice. One is that the wife belonged to her husband as part of his property and as such would be inherited along with the other possessions by a near relative. Another is that it is presumed that women need someone to take care of them, and brothers-in-law (which is the meaning of the Latin word *levir*) should assume that responsibility. It has been reported that the levirate has been practiced by the New Caledonians, the Mongols, the Afghans, the Abyssinians, the Hebrews, and the Hindus, as well as certain Native American and African tribes (Fielding, 1942).

The chief reason that the Hindus and Hebrews practiced the levirate was religious and had to do with the importance of having a son in the family. Hindu men needed a son to perform certain sacrifices, so if a man died before having one, a boy born to his former wife and brother would carry out those ceremonies in his name (Fielding, 1942).

For the Hebrews, it was also important that every man have a son, so that his name would not die out. There was a ritualized penalty for men who refused to marry their brother's widow and rear a son in his name:

And if the man like not to take his brother's wife, then let his brother's wife go up to the gate unto the elders, and say, My husband's brother refuseth to raise up unto his brother a name in Israel, he will not perform the duty of my husband's brother. Then the elders of his city shall call him, and speak unto him: and if he stand to it, and say, I like not to take her; Then shall his brother's wife come in to him in the presence of the elders, and loose his shoe from off his foot, and spit in his face, and shall answer and say, So shall it be done unto that man that will not build up his brother's house. (Deuteronomy 25:7-9)

The punishment for refusing to practice the levirate used to be more severe than the above-quoted ritual. In Genesis, chapter 38, we read of Judah's son Onan and how he was killed by the Lord for refusing to impregnate his dead older brother's wife. The book of Ruth in the Old Testament is also an excellent example of how the levirate worked. It is an account of how Naomi has no more sons for her daughter-in-law Ruth to marry, so she arranges for another male relative, Boaz, to take on the responsibility.

Matchmaking

There are various ways in which two young people can be brought together. Typically, the parents of both boys and girls will work out the details among themselves and then announce it to their children. The initial go-between in Turkey has been the boy's mother, who would inspect possibilities at the public baths and then give reports to her son (Tober, 1984). The popular musical *Fiddler on the Roof* is about father-arranged marriages. Often, hired go-betweens, or matchmakers, assist in making the arrangement. They might act as intermediaries between the families or suggest potential spouses. Check-ing for astrological or other religious signs and requirements could also be part of their job.

In the 1800s, bachelor pioneers in the American West would sometimes find a wife by ordering one from a mail-order catalog. Even today, many Asian families publish matrimonial want ads in search of a respectable spouse for their child (Tober, 1984). I recently found the following in the classified section of a Philippine newspaper:

FOREIGNERS: video match a decent friendship marriage consultant office introducing a beautiful single educated Filipina view friendship to marriage.

LADIES: Australian European businessmen newly arrive in town sincerely willing to meet decent Filipina view friendship to marriage. Ambassador Hotel suite 216.

Computer dating services in the United States, Japan, and elsewhere manifest the continued utility of professional matchmaking, even in societies in which the individuals involved make the final decisions themselves. There are also magazines designed for singles that include matrimonial or relationship want ads.

There are immigrants to Western societies who are not comfortable with love-based unions and prefer to have their marriages arranged by their parents or through a mediator. It is estimated, for instance, that up to 90% of the marriages in the East Indian community in Edmonton, Alberta, are to some degree arranged (Jimenez, 1992). Some ethnic Indians return to the Indian subcontinent to find a spouse, whereas others allow their parents to find a match locally for them. Some place ads in newspapers such as *India Today* or *India Abroad*, which focus on desired background characteristics such as education, religion, and age. In deference to Western customs, the young people can veto any match that does not appeal to them, and a dowry is rarely accepted.

Free-Choice Mate Selection

As noted in Chapter 2, love gradually became the principal criterion for marriage in the Western world after the Renaissance. The shift from kinship and economic motives to personal ones in mate selection led to the conclusion that the individuals themselves, rather than their parents or others, were best qualified to make the decision. In societies in which the basic family unit is nuclear, both romantic love and free mate choice are more common. This is because extended kin groups are not important enough to see marriage as needing to be group controlled.

Even though free choice is the mate selection method of the modern United States, one should not conclude that it is the most common approach in the world. In a survey of 40 societies, Stephens (1963) found only 5 in which completely free mate choice is permitted. An additional 6 allowed the young people to choose their spouse, but subject to parental approval. Twelve other cultures had a mix of arranged marriages and free-choice (usually subject to approval) unions, and the final 16 allowed only arranged marriages. Moreover, even free choice does not mean that one can marry anyone.

All societies have marital regulations. The rule of *exogamy* declares that a person must marry outside his/her group. Typically, this means that certain relatives are unavailable as marriage partners. Exogamous rules are generally the same as the incest taboos of the society, which prohibit sexual intercourse between close blood relatives. Others go beyond that, however. In classical China, two people with the same surname could not marry even if there was no kinship relation (Hutter, 1981).

The rule of *endogamy* declares that a person must marry within his/her group. This rule applies social pressure to marry someone who is similar to oneself in important ways, including religion, race, or ethnic group; social class; and age. These factors have been found to be related to marital compatibility and are precisely the kinds of things considered by parents in arranged marriages. One reason why the divorce rate seems to be higher in free-choice societies may be that many couples ignore endogamy issues and allow romantic love to be practically the sole consideration in mate selection. There is a tendency for marriages to be fairly homogamous, however, even in free-mate-choice societies.

A final factor is *propinquity* (geographical nearness). It is, of course, impossible to marry someone who lives so far away from you that you never meet. At another level, however, this principle refers to a human tendency to be friends with people with whom it is convenient to interact. Let us say that you leave your hometown to attend college elsewhere. You left a boy-friend or girlfriend back at home and you also meet someone new at college. All other things being equal, which one will you marry? Generally, it will be the one at school simply because it is easier.

Some Examples

Free mate choice is on the rise in China today. However, it is very different from the courtship pattern in North America. Young people gather information about each other first and check for mutual suitability before going public with their relationship. In fact, dating follows, rather than precedes, the decision to marry. Typically, the couple knows each other for well over 2 years before marrying. This cautious approach is paying off, as the quality of these marriages seems to be higher than that of arranged unions (Liao & Heaton, 1992).

The Igbo are a people living in present-day Nigeria (Okonjo, 1992). About 55% of the Igbo have their marriages arranged, while the remaining 45% are in free-choice unions. Most of the latter are younger, indicating a move from arranged to free choice, which we see occurring throughout much of the world today. Regardless of type, premarital chastity is very highly valued among the Igbo.

As the Igbo move to free mate choice based on love, their various arranged practices are falling into disfavor. Customs that are quickly disappearing include *woman-to-woman* marriage. In this situation, an older childless woman pays the brideprice to marry a younger female, usually a cousin. A male mate is chosen for the "wife" to have children with, but they belong to the older female spouse, who has the legal role of "husband."

Another way of securing an heir is *father-to-daughter* marriage. If a man has no sons, he may prohibit a daughter from marrying. She has children from a male mate (not the father) but her sons are considered her father's. Women whose husbands turn out to be impotent are allowed to have a lover from whom to have children, who are considered to be the legal husband's. Other arranged practices seldom practiced anymore are the levirate and child marriages.

Courtship and Sex

One final issue in the area of mate selection is premarital sexuality in courtship. There is considerable variation across cultures concerning the acceptability of premarital sexual relations. Most are fairly permissive, however. Of 863 societies in Murdock's Ethnographic Atlas, 67% impose little restriction on premarital sex. The largest proportion of permissive societies are found in Pacific regions, and the most restrictive are the Arab and Muslim nations (Wen-Shing & Jing, 1991).

In the Marshalls of Micronesia, sexual activity begins around puberty. It is common to have many different partners, to cohabit with a few, and eventually to marry a more permanent mate. There is no stigma to being an

illegitimate child or an unwed mother, and having children does not seem to reduce a woman's chances of finding a future mate (Wen-Shing & Jing, 1991). In this culture, sexuality is just seen as part of life, with no special taboos or significance attached to it.

The Hopi also included sexuality as part of their courtship procedure. A girl was allowed to receive suitors in her late adolescence. The boys would sneak into her house at night and sleep with her, and the parents would pretend not to notice if he was considered a good marriage prospect. Eventually, she would become pregnant and then select her favorite lover as her husband. The families involved would then arrange the marriage. As a result, a Hopi boy would never have intercourse with a girl whom he was not willing to marry (Queen, Habenstein, & Quadagno, 1985).

In the United States today, one estimate is that about 80% of college men and 63% of women in college have had premarital intercourse (Kephart & Jedlicka, 1991). The "sexual revolution" of the 1960s and 1970s had a major impact on premarital behavior: In the 1930s, only 15% of U.S. women had experienced premarital coitus. In spite of fairly high rates of sexual experience, there is still widespread disapproval of premarital coitus in U.S. society. In comparison, other Western countries appear to be more relaxed about it. Much of today's caution has to do with the dangers associated with sexually transmitted diseases and unwanted pregnancies.

WEDDING CUSTOMS

There are many rituals and practices that occur in connection with the act of getting married. Contemporary couples typically participate in many of these without giving much thought to what they might mean and why they are being done. My purpose here is to provide some insight into the depth and richness of marriage by recounting some of the principal Western wedding customs along with their history and meaning. Unless otherwise noted, the following information comes from Chesser (1980) or Tober (1984).

The Ring

This may be the oldest and most universal symbol of marriage. Some ancient peoples used to break a coin in half, with each partner taking one piece. The idea of this love match is still found in today's necklace jewelry. This practice may have evolved into wearing rings, which we know were used by ancient Egyptians, Greeks, and Romans.

The right hand is considered to be dominant over the left, and originally men wore the engagement ring as a symbol of their control of the relationship. When women began wearing engagement and wedding rings they

were moved to the left hand as a sign of submission. Another possible theory is that the ring should be worn on the fourth finger of the left hand because there is a vein in that finger that runs straight to the heart. The *vena amoris* does not exist but is still a logical place for jewelry as it is probably the finger least used in daily activity (Fielding, 1942).

The ring's shape is indicative of never-ending love, and in the 17th century, social pressure led to the preference of gold as the material because it does not tarnish. The ring gains even greater symbolism with the inclusion of a precious stone. The clarity and durability of the diamond make it the most popular, as does the idea that it represents innocence. Other stones have been assigned special meaning as well. For instance, the emerald promises domestic bliss, and the ruby is a sign of love. Its red color is also supposed to have the power to ward off evil spirits.

Setting the Date

One important decision that a couple must make is when to marry. Today, convenience seems to be the determining factor. However, many cultures and religions have had beliefs about good and bad luck times of the year for marrying, and much effort was often expended to set the date at a time when the gods, or stars, would smile on the new couple. For example, January is a good-luck month because the Greeks dedicated it to Hera, a goddess of fertility. February and March are bad for Catholic and Orthodox adherents because one should give up good things during Lent. The folklore says, "Marry in Lent, live to repent."

April is considered to be a good month since springtime is illustrative of the reproduction wished on the new couple. May is not so good since Catholics dedicate the month to the Virgin Mary, the patron saint of chastity. July and August are inconvenient times for farmers, who need to be getting the harvest in. The Irish believed that "they that wive between sickle and scythe shall never thrive."

The autumn months are considered to be good times to marry because of the connection between harvest and fertility and because of good astrological signs. December, finally, is a bad-luck month due to the British belief that "you always repent of marriage before the year is out."

Candles

Another symbol of love are candles. Apparently an evolution from the Roman torches used to light the way of the wedding procession, one popular ritual today is to have a large candle representing God's love used to light two other candles, which stand for the couple getting married.

The Bridal Veil

Many cultures believe in the "evil eye," where one can be made ill by the covetous stares of powerful individuals. The veil, then, is designed to protect the bride from the evil spirits that might attend all the looking at she is certain to get. The Romans preferred that the veil be red, as that is the most effective color for warding off evil.

The Wedding Gown

Most people are aware that a white gown is intended to represent the bride's virginity, a guarantee that groom's expected from her family. This rhyme tells us of some attitudes toward bridal gown colors:

Married in red, wish yourself dead;
 Married in black, wish yourself back;
 Married in blue, you'll always be true;
 Married in green, ashamed to be seen;
 Married in grey, go far away;
 Married in brown, live out of town;
 Married in white, chosen all right.

Children

The purpose of including children in the wedding party (today's flower girl and ring bearer) is to serve as a visible encouragement for the age-old purpose of marriage: fertility.

The Kiss

Although not a legal requirement, the kiss historically sealed the wedding vow. Whereas wedding participants prefer to do their own kissing today, the priest used to give the groom the "kiss of peace" and then he would kiss his bride. The priest assistants would then kiss all the wedding guests.

The Wedding Cake

There are many superstitions surrounding this important centerpiece of most receptions. Often multtiered and decorated with hearts, lovebirds, and flowers, small figures of the bride and groom often adorn the top. It is considered bad luck for a bride to bake her own cake, or to taste it before it is

formally cut. If a section is saved, however, it will perpetuate the couple's love.

The cake is actually another symbol of fertility and used to be broken over the bride's head. It was believed that cutting the cake would magically facilitate the breaking of the bride's hymen, or maidenhead, and thereby aid in the birth of the first child. We have since developed the less messy custom of throwing rice (also representative of fruitfulness) or other materials on the couple.

Attendants

The bridesmaids and groom's attendants appear to be remnants of the marriage by capture sometimes practiced. The bride had women trying to protect her from capture, while the groom had his friends to assist him in the assault (Fielding, 1942).

Flowers

In the Middle Ages, the wealthy adorned themselves with their finest jewelry. Peasant brides could not afford such things, so they imitated the practice by using flowers. Flowers have since assumed a place of prominence in wedding plans with a bouquet for the bride, corsages for others, and floral arrangements throughout the room. Modern selections are based on personal preference but originally some had special significance. One favorite, the orange blossom, meant fruitfulness.

Talismans

There are various good-luck articles that superstition dictates a bride should work into her wedding clothes. A penny in your shoe is supposed to guarantee a lifetime of good fortune. A family heirloom, "something old," gives a sense of continuity from one generation to the next. "Something new," as most of the bride's clothes will be, puts things on an optimistic note. "Something borrowed," usually from a happily married friend, is based on the idea that happiness rubs off. "Something blue" is a symbol of fidelity.

Throwing the Garter and Bouquet

The person who catches these objects is to be the next to marry. Custom dictates that when throwing her bouquet, the bride not face her girlfriends, so

that the bouquet cannot be directed into the hands of a favorite. Throwing the garter comes from an old English custom, "flinging the stocking." Guests would invade the bridal chamber and the women would take the groom's stockings while the men grabbed the bride's. They would take turns throwing them, and whoever tossed the one that landed on the bride or groom's nose was the next to marry. By the 1500s, the bride's garter was so highly prized that guests would rush her at the altar trying to get it. In self-preservation, she began to take it off and her husband would throw it out to the unmarried males.

Evil Spirits

It has been a common religious belief that malicious spirits are attracted to weddings due to their sacred nature. As a result, many diversions are used to throw them off of the bride's trail. Car decorating, noise making, and following the couple as they leave for their honeymoon are all to frighten the devil away from the newlywed couple. Carrying the bride over the threshold is to shake off demons who have been following along the soles of her feet. Finally, sprinkling holy water on the marriage bed is intended to drive off spirits who are attracted to the sexual act.

The Honeymoon

Honey refers to mead, an alcoholic drink made from fermented honey, and moon refers to the lunar month. Essentially, it indicates a time in which the new couple should be free from the cares of the world and allowed to get to know each other. Its central purpose has been the consummation of the marriage.

In many European and Mediterranean cultures it has been very important that the bride be found to be a virgin. Proof of this would be that she would bleed from first intercourse, and the stained bedsheet might be hung from a window the following morning as evidence to all of her purity and the proper consummation of the new union.

MARITAL ADJUSTMENT

The last topic for investigation in this chapter is the quality of the marriage relationship itself. I shift from a structural-functional focus to a developmental one for this section. This shift will allow us to see how marital concerns can change and be influenced by the stages in the life cycle through which the couple progresses. This information on cross-cultural variation comes from Wen-Shing and Jing (1991).

Intimacy

How one would assess the quality of one's marriage depends on what is expected in a marriage relationship. In the United States and Canada today, the emphasis is on psychological intimacy and emotional sharing, in addition to task performance. That is, one's satisfaction is influenced by whether or not the spouse acts in hoped for ways in the areas of child care, housekeeping, economic support, and sexual activity. Certain negative behaviors, such as gambling, abuse, drug use, and infidelity, can present major threats to marital stability and happiness.

However, what many Westerners want the most, especially women, is a deep and close friendship. The more couples express their feelings to each other, the better the marriage tends to be (Ingoldsby, 1984). The traditional marriage of times past in which each spouse performed the expected tasks would be considered hollow by today's standards. The happiest marriages appear to be those couples who know each other well and enjoy doing things together. Expected closeness varies by culture, however. For instance, the Japanese family tends to have a very clear sexual division of labor. The husband has his work and associates with his colleagues there. He does not participate in child care or housework and is fairly unaware of how his wife and children spend their time. They also know little about his life. It is not considered wise to overload a single relationship with too many concerns, so adults have various friends and relatives in whom they confide.

In the United States and Germany, research indicates that husbands and wives are significantly more involved in each other's lives. Confiding in others more often and interact more in each other's social lives. Confiding in others about their marital relationship is likely to be considered a betrayal rather than a wise action.

The tolerance of extramarital affairs varies greatly among different societies. Conservative cultures consider it unforgivable and a principal rationale for divorce. In others there is a double standard. In the Philippines, for instance, extramarital sex is not tolerated in the wife but it is acceptable *macho* behavior for husbands to have many lovers. The Toda, discussed in Chapter 6 (Ingoldsby, this volume), consider affairs for either sex to be natural and not a cause for concern. In Micronesia, there is a long postpartum sex taboo, and extramarital behavior on the husband's part is considered to be frequent.

Stress

There are many events that are stressful to family functioning. Some are unexpected, such as certain disasters, illnesses, or work-related conflicts. Others