Patriarchy, the System
An It, Not a He, a Them, or an Us
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"When you say patriarchy," a man complained from the rear of the audience, "I know what you really mean—me!" A lot of people hear "men" whenever someone says "patriarchy," so that criticism of gender oppression is taken to mean that all men—each and every one of them—are oppressive people. Not surprisingly, many men take it personally if someone merely mentions patriarchy or the oppression of women, bristling at what they often see as a way to make them feel guilty. And some women feel free to blame individual men for patriarchy simply because they're men. Some of the time, men feel defensive because they identify with patriarchy and its values and don't want to face the consequences these produce or the prospect of giving up male privilege. But defensiveness more often reflects a common confusion about the difference between patriarchy as a kind of society and the people who participate in it. If we're ever going to work toward real change, it's a confusion we'll have to clear up.

To do this, we have to realize that we're stuck in a model of social life that views everything as beginning and ending with individuals. Looking at things in this way, we tend to think that if evil exists in the world, it's only because there are evil people who have entered into an evil conspiracy. Racism exists, for example, simply because white people are racist bigots who hate members of racial and ethnic minorities and want to do them harm. There is gender oppression because men want and like to dominate women and act out hostility toward them. There is poverty and class oppression because people in the upper classes are greedy, heartless, and cruel. The flip side of this individualistic model of guilt and blame is that race, gender, and class oppression are actually not oppression at all, but merely the sum of individual failings on the part of blacks, women, and the poor, who lack the right stuff to compete successfully with whites, men, and others who know how to make something of themselves.

What this kind of thinking ignores is that we are all participating in something larger than our-
roots that generate and nurture the social problems
that are reflected in the behavior of individuals.
We can’t do this without realizing that we all par-
ticipate in something larger than ourselves, some-
thing we didn’t create but that we have the power
to affect through the choices we make about how to
participate.
That something larger is patriarchy, which is
more than a collection of individuals (such as “men”).
It is a system, which means it can’t be reduced to
the people who participate in it. If you go to work
in a corporation, for example, you know the minute
you walk in the door that you’ve entered “some-
thing” that shapes your experience and behavior,
something that isn’t just you and the other people
you work with. You can feel yourself stepping into
a set of relationships and shared understandings
about who’s who and what’s supposed to happen
and why, and all of this limits you in many ways.
And when you leave at the end of the day you can
feel yourself released from the constraints imposed
by your participation in that system; you can feel the
expectations drop away and your focus shift to other
systems such as family or a neighborhood bar that
shape your experience in different ways. To under-
stand a system like a corporation, we have to look
at more than people like you, because all of you
aren’t the corporation, even though you make it
run. If the corporation were just a collection of peo-
ple, then whatever happened to the corporation
would by definition also happen to them, and vice
versa; but this clearly isn’t so. A corporation can go
bankrupt, for example, or cease to exist altogether
without any of the people who work there going
bankrupt or disappearing. Conversely, everyone
who works for the corporation could quit, but that
wouldn’t necessarily mean the end of the corpora-
tion, only the arrival of a new set of participants.
We can’t understand a corporation, then, just by look-
ing at the people who participate in it, for it is some-
thing larger and has to be understood as such.
So, too, with patriarchy, a kind of society that is
more than a collection of women and men and can’t
be understood simply by understanding them. We
are not patriarchy, no more than people who believe in
Allah are Islam or Canadians are Canada. Patriarchy
is a kind of society organized around certain kinds
of social relationships and ideas. As individuals, we
participate in it. Paradoxically, our participation both
shapes our lives and gives us the opportunity to be
part of changing or perpetuating it. But we are not
it, which means that patriarchy can exist without
men having “oppressive personalities” or actively
conspiring with one another to defend male privi-
lege. To demonstrate that gender oppression exists,
we don’t have to show that men are villains, that
women are good-hearted victims, that women don’t
participate in their own oppression, or that men never
oppose it. If a society is oppressive, then people who
grow up and live in it will tend to accept, identify
with, and participate in it as “normal” and unre-
markable life. That’s the path of least resistance in
any system. It’s hard not to follow it, given how we
depend on society and its rewards and punishments
that hinge on going along with the status quo. When
oppression is woven into the fabric of everyday life,
we don’t need to go out of our way to be overly op-
pressive in order for an oppressive system to pro-
duce oppressive consequences. As the saying goes,
what evil requires is simply that ordinary people do
nothing.

“The System”

In general, a system is any collection of interrelated
parts or elements that we can think of as a whole. A
car engine, for example, is a collection of parts that
fit together in certain ways to produce a “whole”
that is identifiable in many cultures as serving a par-
ticular purpose. A language is also a collection of
parts—letters of the alphabet, words, punctuation
marks, and rules of grammar and syntax—that fit
together in certain ways to form something we can
distinguish as a whole. An organization also includes a variety
of interrelated parts that we can think of as a whole.
All of these are systems that differ in the kinds of
parts they include and how those parts are related
to one another.
The crucial thing to understand about patriarchy
or any other kind of social system is that it’s some-
thing people participate in. It’s an arrangement
of shared understandings and relationships that
connect people to one another and something larger
than themselves. In some ways, we’re like players
who participate in a game. Monopoly, for example,
consists of a set of shared understandings about
things such as the meaning of property and rent, the
value of competition and accumulating wealth, and
various rules about rolling dice, moving around a
board, buying, selling, and developing property, collecting rents, winning, and losing. It has positions—player, banker, and so on—that people occupy. It has material elements such as the board, houses and hotels, dice, property deeds, money, and "pieces" that represent each player's movements on the board. As such, the game is something we can think of as a social system whose diverse elements cohere with a unity and wholeness that distinguish it from other games and from nongames. Most important, we can describe it as a system without ever talking about the personal characteristics or motivations of the individual people who actually play it at any given moment.

If we watch people play Monopoly, we notice certain routine patterns of feeling and behavior that reflect paths of least resistance that are inherent in the game itself. If someone lands on a property I own, for example, I collect the rent (if I happen to notice), and if they can't pay, I take their assets and force them from the game. The game encourages me to feel good about this, not necessarily because I'm greedy and merciless, but because the game is about winning, and this is what winning consists of in Monopoly. Since everyone else is also trying to win by driving me out of the game, each step I take toward winning protects me and alleviates some anxiety about landing on a property whose rent I can't pay.

Since these patterns are shaped by the game far more than by the individual players, we can find ourselves behaving in ways that might seem disturbing in other situations. When I'm not playing Monopoly, I behave quite differently, even though I'm still the same person. This is why I don't play Monopoly anymore—I don't like the way it encourages me to feel and behave in the name of "fun," especially toward people I care about. The reason we behave differently outside the game doesn't lie in our personalities but in the game's paths of least resistance, which define certain behavior and values as appropriate and expected. When we see ourselves as Monopoly players, we feel limited by the rules and goals the game defines, and experience it as something external to us and beyond our control. It's important to note how rarely it ever occurs to people to simply change the rules. The relationships, terms, and goals that organize the game aren't presented to us as ours to judge or alter. The more attached we feel to the game and the more closely we identify ourselves as players, the more likely we are to feel helpless in relation to it. If you're about to drive someone into bankruptcy, you can excuse yourself by saying "I've got to take your money, those are the rules," but only if you ignore the fact that you could choose not to play or could suggest a change in the rules. Then again, if you can't imagine life without the game, you won't see many alternatives to doing what's expected of you.

If we try to explain patterns of social behavior only in terms of individual people's personalities and motives—people do greedy things, for example, because they are greedy—then we ignore how behavior is shaped by paths of least resistance found in the systems people participate in. The "profit motive" associated with capitalism, for example, is typically seen as a psychological motive of individuals that explains capitalism as a system: capitalism exists because there are individuals who want to make a profit. But this puts the cart before the horse by avoiding the question of where wanting to make a profit comes from in the first place. We need to ask what kind of world makes such wants possible and encourages people to organize their lives around them, for although we may pursue profit as we play Monopoly or participate in real-world capitalism, the psychological profit motive doesn't originate with us. We aren't born with it. It doesn't exist in many cultures and was unknown for most of human history. The profit motive is a historically developed aspect of market systems in general and capitalism in particular that shapes the values, behavior, and personal motives of those who participate in it. To argue that managers lay off workers, for example, simply because managers are heartless or cruel ignores the fact that success under capitalism often depends on this kind of competitive, profit-maximizing "heartless" behavior. Most managers probably know in their hearts that the practice of routinely discarding people in the name of profit and experience is hurtful and unfair. This is why they feel so bad about having to be the ones to carry it out, and protect their feelings by inventing euphemisms such as "downsizing" and "outplacement." And yet they participate in a system that produces these cruel results anyway, not because of cruel personalities or malice toward workers, but because a capitalist system makes this a path of least resistance and exacts real costs from those who stray from it.

To use the game analogy, it's a mistake to assume that we can understand the players without paying
attention to the game they’re playing. We create even more trouble by thinking we can understand the game without ever looking at it as something more than what goes on inside individuals. One way to see this is to realize that systems often work in ways that don’t reflect the experience and motivations of the people who participate in them.

In spite of all the good reasons not to use individual models to explain social life, they are a path of least resistance because individual experience and motivation are what we know best. As a result, we tend to see something like sexism as the result of poor socialization through which men learn to act dominant and masculine and women to act subordinate and feminine. While there is certainly some truth to this, it doesn’t work as an explanation of patterns like gender oppression. It’s no better than trying to explain war as simply the result of training men to be warlike, without looking at economic systems that equip armies at huge profits and political systems that organize and hurl armies at one another.

Since focusing just on individual women and men won’t tell us much about patriarchy, simply trying to understand people’s attitudes or behavior won’t get us very far so long as patriarchy goes unexamined and unchallenged as the only gender game in town. And if we don’t look beyond individuals, whatever change we accomplish won’t have much more than a superficial, temporary effect. Systemic paths of least resistance provide powerful reasons for people to go along with the status quo. This is why individual change is often restricted to people who either have little to lose or who are secure and protected enough to choose a different path. So change typically gets limited to the most oppressed, who have the least to lose and are in the weakest position to challenge the system as a whole, and the most privileged, who can afford to attend workshops or enter therapy or who can hire someone (typically a woman) to take care of their children. In this latter group in particular, it’s easy for men to fool themselves into thinking they can find nicer, less oppressive ways to participate in an oppressive system without challenging it, and therefore without disturbing the basis for male privilege. It’s like the myth of a kinder, gentler capitalism in which managers still overwork and lay off employees in order to bolster the bottom line and protect shareholders’ interests; but now they do it with greater interpersonal sensitivity. The result is pretty much the same as it was before, but now they can feel better about it. After all, if changing the system isn’t a goal, then it makes sense to accommodate to it while maintaining the appearance of regretting its oppressive consequences. And an individualistic approach is perfectly suited to those ends, for the privileged can feel bad about the people who suffer even as they shield from scrutiny the system that makes both suffering and privilege inevitable.

Either way, the individualistic model offers little hope of changing patriarchy because patriarchy is more than how people think, feel, and behave. As such, patriarchy isn’t simply about the psychic wounding of sons by their fathers, or the dangers and failures of heterosexual intimacy, or boys’ feelings about their mothers, or how men treat women and one another. It includes all of these by producing them as symptoms that help perpetuate the system, but these aren’t what patriarchy is. It is a way of organizing social life through which such wounding, failure, and mistreatment can occur. If fathers neglect their sons, it is because fathers move in a world that makes pursuit of goals other than deeply committed fatherhood a path of least resistance. If heterosexual intimacy is prone to fail, it is because patriarchy is organized in ways that set women and men fundamentally at odds with one another in spite of all the good reasons they otherwise have to get along and thrive together. And if men’s use of coercion and violence against women is a pervasive pattern—and it is—it is because force and violence are supported in patriarchal society; it is because women are designated as desirable and legitimate objects of male control, and because in a society organized around control, force and violence work.

We can’t find a way out of patriarchy or imagine something different without a clear sense of what patriarchy is and what that’s got to do with us. Thus far, the alternative has been to reduce our understanding of gender to an intellectual gumbo of personal problems, tendencies, and motivations. Presumably, these will be solved through education, better communication skills, consciousness raising, “heroic journeys,” and other forms of individual transformation. Since this isn’t how social systems actually change, the result is widespread frustration and cycles of blame and denial.

We need to see more clearly what patriarchy is about as a system. This includes cultural ideas about
men and women, the web of relationships that structure social life, and the unequal distribution of rewards and resources that underlies oppression. We need to see new ways to participate by forging alternative paths of least resistance; for the system doesn't simply "run us" like hapless puppets. It may be larger than us, it may not be us, but it doesn't exist except through us. Without us, patriarchy doesn't happen. And that's where we have power to do something about it and about ourselves in it.

Patriarchy

The key to understanding any system is to identify its various parts and how they're arranged to form a whole. To understand a language, for example, we have to learn its alphabet, vocabulary, and rules for combining words into meaningful phrases and sentences. With a social system such as patriarchy, it's more complicated because there are many different kinds of parts, and it is often difficult to see just how they're connected. Patriarchy's defining elements are its male-dominated, male-identified, and male-centered character, but this is just the beginning. At its core, patriarchy is a set of symbols and ideas that make up a culture embodied by everything from the content of everyday conversation to literature and film. Patriarchal culture includes ideas about the nature of things, including men, women, and humanity, with manhood and masculinity most closely associated with being human and womanhood and femininity relegated to the marginal position of "other." It's about how social life is and how it's supposed to be; about what's expected of people and about how they feel. It's about standards of feminine beauty and masculine toughness, images of feminine vulnerability and masculine protective, of older men coupled with young women, of elderly women alone. It's about defining women and men as opposites, about the "naturalness" of male aggression, competition, and dominance and of female caring, cooperation, and subordination. It's about the valuing of masculinity and maleness and the devaluing of femininity and femaleness. It's about the primary importance of a husband's career and the secondary status of a wife's, about child care as a priority in women's lives and its secondary importance in men's. It's about the social acceptability of anger, rage, and toughness in men but not in women, and of caring, tenderness, and vulnerability in women but not in men.

Above all, patriarchal culture is about the core value of control and domination in almost every area of human existence. From the expression of emotion to economics to the natural environment, gaining and exercising control is a continuing goal of great importance. Because of this, the concept of power takes on a narrow definition in terms of "power over"—the ability to control others, events, resources, or oneself in spite of resistance—rather than alternatives such as the ability to cooperate with others, to give freely of oneself, or to feel and act in harmony with nature. To have power over and to be prepared to use it are defined culturally as good and desirable (and characteristically "masculine"), and to lack such power or to be reluctant to use it is seen as weak if not contemptible (and characteristically "feminine").

The main use of any culture is to provide symbols and ideas out of which people construct their sense of what is real. As such, language mirrors social reality in sometimes startling ways. In contemporary usage, for example, the words "crone," "witch," "bitch," and "virgin" describe women as threatening, evil, or heterosexually inexperienced and thus incomplete. In prepatriarchal times, however, these words evoked quite different images. The crone was the old woman whose life experience gave her insight, wisdom, respect, and the power to enrich people's lives. The witch was the wise-woman healer, the knower of herbs, the midwife, the link joining body, spirit, and Earth. The bitch was Artemis-Diana, goddess of the hunt, most often associated with the dogs who accompanied her. And the virgin was merely a woman who was unattached, unclaimed, and unowned by any man and therefore independent and autonomous. Notice how each word has been transformed from a positive cultural image of female power, independence, and dignity to an insult or a shadow of its former self so that few words remain to identify women in ways both positive and powerful.

Going deeper into patriarchal culture, we find a complex web of ideas that define reality and what's considered good and desirable. To see the world through patriarchal eyes is to believe that women and men are profoundly different in their basic natures, that hierarchy is the only alternative to chaos, and that men were made in the image of a masculine...
God with whom they enjoy a special relationship. It is to take as obvious the idea that there are two and only two distinct genders; that patriarchal heterosexuality is "natural" and same-sex attraction is not; that because men neither bear nor breast-feed children, they cannot feel a compelling bodily connection to them; that on some level every woman, whether heterosexual or lesbian, wants a "real man" who knows how to "take charge of things," including her; that females can't be trusted, especially when they're menstruating or accusing men of sexual misconduct. To embrace patriarchy is to believe that mothers should stay home and that fathers should work out of the home, regardless of men's and women's actual abilities or needs. It is to buy into the notion that women are weak and men are strong, that women and children need men to support and protect them, all in spite of the fact that in many ways men are not the physically stronger sex, that women perform a huge share of hard physical labor in many societies (often larger than men's), that women's physical endurance tends to be greater than men's over the long haul, that women tend to be more capable of enduring pain and emotional stress. And yet such evidence means little in the face of a patriarchal culture that dictates how things ought to be and, like all cultural mythology, will not be argued down by facts. It may seem to be making straightforward statements, but actually these conceal another mood, the imperative. Myth exists in a state of tension. It is not really describing a situation, but trying by means of this description to bring about what it declares to exist.

To live in a patriarchal culture is to learn what's expected of us as men and women, the rules that regulate punishment and reward based on how we behave and appear. These rules range from laws that require men to fight in wars not of their own choosing to customary expectations that mothers will provide child care, or that when a woman shows sexual interest in a man or merely smiles or acts friendly, she gives up her right to say no and control her own body. And to live under patriarchy is to take into ourselves shared ways of feeling—the hostile contempt for feminality that forms the core of misogyny and presumptions of male superiority, the ridicule men direct at other men who show signs of vulnerability or weakness, or the fear and insecurity that every woman must deal with when she exercises the right to move freely in the world, especially at night and by herself.

The prominent place of misogyny in patriarchal culture, for example, doesn't mean that every man and woman consciously hates all things female. But it does mean that to the extent that we don't feel such hatred, it's in spite of paths of least resistance contained in our culture. Complete freedom from such feelings and judgments is all but impossible. It is certainly possible for heterosexual men to love women without mentally fragmenting them into breasts, buttocks, genitals, and other variously desirable parts. It is possible for women to feel good about their bodies, to not judge themselves as being too fat, to not abuse themselves to one degree or another in pursuit of impossible male-identified standards of beauty and sexual attractiveness. All of this is possible; but to live in patriarchy is to breathe in misogynist images of women as objectified sexual property valued primarily for their usefulness to men. This finds its way into everyone who grows up breathing and swimming in it, and once inside us it remains, however unaware of it we may be. So, when we hear or express sexist jokes and other forms of misogyny we may not recognize it, and even if we do, say nothing rather than risk other people thinking we're "too sensitive" or, especially in the case of men, "not one of the guys." In either case, we are involved, if only by our silence..

To understand patriarchy, we have to identify its cultural elements and see how they are related to the structure of social life. We must see, for example, how cultural ideas that identify women primarily as mothers and men primarily as breadwinners support patterns in which women do most domestic work at home and are discriminated against in hiring, pay, and promotions at work. But to do anything with such an understanding, we also must see what patriarchy has to do with us as individuals—how it shapes us and how we, in choosing how to participate, shape it.

The System in Us in the System

One of the most difficult things to accept about patriarchy is that we're involved in it, which means we're also involved in its consequences. This is especially hard for men who refuse to believe they ben-
eff from women's oppression, because they can't see how this could happen without their being personally oppressive in their intentions, feelings, and behavior. For many men, being told they're involved in oppression can only mean they are oppressive. . . .

Societies don't exist without people participating in them, which means that we can't understand patriarchy unless we also ask how people are connected to it and how this connection varies, depending on social characteristics such as race, gender, ethnicity, age, and class. Capitalism, for example, didn't just happen on its own but emerged as an economic system in a patriarchal world dominated by men and their interests, especially white European men of the newly emerging merchant class. The same can be said of industrialization, which was bound up with the development of capitalism in eighteenth- and nineteenth-century Europe. This line of thinking might seem to undermine the argument I've made about including systems in our thinking—"It really comes down to individuals after all"—but it's more complicated than that. The problem isn't society and it isn't us. It's the relationship between the two that we have to understand, the nature of the thing we participate in and how we choose to participate in it and how both are shaped in the process. In this sense, it's a mistake to equate patriarchy with men; but it's also wrong to act as though systems like patriarchy or capitalism have nothing to do with gender and differences in power and interests that distinguish and separate men and women. It's equally wrong to act as though all men or all women are the same, as though dynamics such as racism and class oppression don't affect how patriarchy operates and affects people's lives in different ways.

One way to see how people connect with systems is to think of us as occupying social positions that locate us in relation to people in other positions. We connect to families, for example, through positions such as "mother," "daughter," and "cousin"; to economic systems through positions such as "vice president," "secretary," or "unemployed"; to political systems through positions such as "citizen," "registered voter," and "mayor"; to religious systems through positions such as "believer" and "clergy." How we perceive the people who occupy such positions and what we expect of them depend on cultural ideas—such as the belief that mothers are naturally better than fathers at child care or the expectation that fathers will be the primary breadwinners. Such ideas are powerful because we use them to construct a sense of who we and other people are. When a woman marries, for example, how people (including her) perceive and think about her changes as cultural ideas about what it means to be a wife come into play—ideas about how wives feel about their husbands, for example, what's most important to wives, what's expected of them, and what they may expect of others. . . .

We can think of a society as a network of interconnected systems within systems, each made up of social positions and their relations to one another. To say, then, that I'm white, male, college educated, and a writer, sociologist, U.S. citizen, heterosexual, middle-aged, husband, father, brother, and son identifies me in relation to positions which are themselves related to positions in various social systems, from the entire world to the family of my birth. In another sense, the day-to-day reality of a society only exists through what people actually do as they participate in it. Patriarchal culture, for example, places a high value on control and maleness. By themselves, these are just abstractions. But when men and women actually talk and men interrupt women more than women interrupt men, or men ignore topics introduced by women in favor of their own or in other ways control conversation, or when men use their authority to sexually harass women in the workplace, then the reality of patriarchy as a kind of society and people's sense of themselves as female and male within it actually happen in a concrete way.

In this sense, like all social systems, patriarchy exists only through people's lives. Through this, patriarchy's various aspects are there for us to see over and over again. This has two important implications for how we understand patriarchy. First, to some extent people experience patriarchy as external to them; but this doesn't mean that it's a distinct and separate thing, like a house in which we live. Instead, by participating in patriarchy we are of patriarchy and it is of us. Both exist through the other and neither can exist without the other. Second, patriarchy isn't static; it's an ongoing process that's continuously shaped and reshaped. Since the thing we're participating in is patriarchal, we tend to behave in ways that create a patriarchal world from one moment to the next. But we have some freedom to break the rules and construct everyday life in different ways, which means that the paths we choose
to follow can do as much to change patriarchy as they can to perpetuate it.

We’re involved in patriarchy and its consequences because we occupy social positions in it, which is all it takes. Since gender oppression is, by definition, a system of inequality organized around gender categories, we can no more avoid being involved in it than we can avoid being female or male. All men and all women are therefore involved in this oppressive system, and none of us can control whether we participate, only how.

NOTES


2. This is one of the major differences between organisms like the human body and social systems. Cells and nerves cannot “rebel” against the body and try to change it into something else.

3. Although the game analogy is useful, social systems are quite unlike a game in important ways. The rules and other understandings on which social life is based are far more complex, ambiguous, and contradictory than those of a typical game and much more open to negotiation and “making it up” as we go along.


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WOMEN'S LIVES
Multicultural Perspectives

Gwyn Kirk • Margo Okazawa-Rey